



## ANNUAL PHYSICAL EXAMINATION FORM

### Part One: TO BE COMPLETED PRIOR TO MEDICAL APPOINTMENT

Name: \_\_\_\_\_

Date of Exam: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Sex:     Male         Female

Name of Accompanying Staff: \_\_\_\_\_

**DIAGNOSES/SIGNIFICANT HEALTH CONDITIONS** *(Attach Lifetime Medical History Summary and Chronic Health Problems List)*


**CURRENT MEDICATIONS** *(Attach a second page if needed):*

Medication Name	Dose	Frequency	Diagnosis	Prescribing Physician Specialty	Date Medication Prescribed

**Allergies/Sensitivities:** \_\_\_\_\_

**Contraindicated Medication:** \_\_\_\_\_

**IMMUNIZATIONS:**

Hepatitis B:    \_\_\_\_/\_\_\_\_/\_\_\_\_        \_\_\_\_/\_\_\_\_/\_\_\_\_

Flu Shot:        \_\_\_\_/\_\_\_\_/\_\_\_\_

Pneumovax:    \_\_\_\_/\_\_\_\_/\_\_\_\_

**Other (specify)** \_\_\_\_\_

**Tuberculosis (TB) SCREENING:** *(every 2 years by Mantoux method, if positive- initial chest x-ray should be done)*

Date given \_\_\_\_\_        Date read \_\_\_\_\_        Results \_\_\_\_\_

Chest x-ray (date) \_\_\_\_\_        Results \_\_\_\_\_

**Hepatitis B Screening**        **Date:** \_\_\_\_\_        **Results:** \_\_\_\_\_



**Part Two: GENERAL PHYSICAL EXAMINATION**

Blood Pressure: \_\_\_\_/\_\_\_\_ Pulse: \_\_\_\_ Respirations: \_\_\_\_ Temp: \_\_\_\_ Height: \_\_\_\_ Weight: \_\_\_\_

**EVALUATION OF SYSTEMS**

System Name	Normal findings?	Comments/Description
Eyes	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Ears	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Nose	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Mouth/Throat	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Head/Face/Neck	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Breasts	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Lungs	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Cardiovascular	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Extremities	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Abdomen	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Gastrointestinal	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Endocrine	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Musculoskeletal	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Integumentary	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Renal/Urinary	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Reproductive	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Lymphatic	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Nervous System	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>VISION SCREENING</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	Is further evaluation recommended by specialist? <input type="checkbox"/> Yes <input type="checkbox"/> No
<b>HEARING SCREENING</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	Is further evaluation recommended by specialist? <input type="checkbox"/> Yes <input type="checkbox"/> No

**Additional Comments:**

Lifetime medical history summary reviewed?  Yes  No

Medication added, changed, or deleted (*from this appointment*): \_\_\_\_\_

Special medication considerations or side effects: \_\_\_\_\_

Recommendations for health maintenance: (*including need for lab work at regular intervals, exercise, hygiene, weight control, etc.*)

Recommendations for manual breast exam or manual testicular exam (*who will perform; frequency*):



Recommended diet and special instructions: \_\_\_\_\_

Information pertinent to diagnosis and treatment in case of emergency:

Free of communicable diseases?  Yes  No (if no, list specific precautions to prevent the spread of disease to others)

Limitations or restrictions for activities (including work day, lifting, standing, and bending)  No  Yes (specify):

Change in health status from previous year?  No  Yes (specify): \_\_\_\_\_

Specialty consults recommended?  No  Yes (specify) \_\_\_\_\_

Seizure Disorder present?  No  Yes If Yes, specify type: \_\_\_\_\_ Date of Last Seizure: \_\_\_\_\_

Name of physician (please print) \_\_\_\_\_

Physician's Signature \_\_\_\_\_ Physician Phone Number \_\_\_\_\_

Physician Address: \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_